

**SOUND**  
FOOTBALL CLUB



**College Information Night**  
**November 18, 2019**



## SFC College Advisory Program Goals

- Provide you information and resources about the college recruiting process
- Helping you understand the next level of commitment on and off the field (Academics, Athletics, Social Media and Social Life)
- Guiding you on how to develop your College Fit Finder profile
- Assisting in the attempt to get you/your team into some of the best college showcases
- Provide you information on the college application process





# The College Recruiting Process: What You Need To Know



- Myths & Facts
- Am I good enough to get a college scholarship?
- College Fit Finder Profile
- How to communicate with college coaches
- Timeline of your HS grades
- Eligibility Center
- General Information about NCAA DI, DII, DIII, NAIA and NJCAA programs





## Finding A School That is Right For You

- What type of school do you want to attend (public vs private)?
- Academically a good fit for me?
- Do you want to be at a small school or big school?
- School Location (big town, small town)
- What type of soccer program does the school have (NCAA, NAIA, NJCAA)?
- Getting to know the coaching staff
- Understand the division and conference the school participates in
- Geographical location





# College Application Process

- Fill out your Application Form (online or by mail and send it in)
- Complete the FAFSA
- Application fee's
- Write a standout college essay
- Ask for recommendation letters
- Learn the ins and outs of financial aid
- Decipher college tuition costs
- Find scholarships to pay for college





# How Good Do I Have To Be To Get a Scholarship?



## NCAA DI MEN

- US Youth National Team; (Academy experience, EPD experience, ODP experience, US Club Id2National Selection)
- Extensive club team experience
- ECNL Team experience
- US Youth National Team experience
- Participation in major College Showcase tournaments and showcases
- All-American
- All-State
- All-League/District
- 3-4 year varsity starter

## NCAA DI WOMEN

- US Youth National Team; (Academy experience, EPD experience, ODP experience, US Club Id2National Selection)
- Extensive club team experience
- ECNL Team experience
- US youth National Team experience
- Participation in major College Showcase tournaments
- All-American
- All-State
- All-League/District
- 3-4 year varsity starter





# How Good Do I Have To Be To Get a Scholarship?

## NCAA DII MEN

- ODP experience, EPD experience, US Club Id2 Regional Selection ODP
- Extensive club team experience
- ECNL Team experience
- Participation in major College Showcase tournaments
- All- State
- All-League/District
- 2-3 year varsity starter

## NCAA DII WOMEN

- ODP/ EPD experience, Academy experience US Club Id2National Selection.
- Extensive club team experience
- ECNL Team experience
- Participation in major College Showcase tournaments
- All- State
- All-League/District
- 2-3 year varsity starter





# How Good Do I Have To Be To Get a Scholarship?



## NCAA DIII MEN & WOMEN

- ODP/EPD experience
- Extensive club team experience
- ECNL Team experience
- Team MVP
- All-League/District
- 2 year varsity starter

## NAIA

- ODP/EPD experience
- Extensive club team experience
- ECNL Team experience
- All-League/District
- 2 year varsity starter







# What Do Coaches Look For in a Player?



- Academics (you are a student first and an athlete second)
- Position and Impact (do you fit their program?)
- Character (what is your character on and off the field?)
- Commitment (how committed are you to their program?)





## How Many Soccer Scholarships Are Available?

Men's Soccer	Max Scholarships/School	Total Number of Programs
NCAA Division I	9.9	206
NCAA Division II	9	207
NCAA Division III	NA	408
NAIA	12	188
NJCAA	18	217

Women's Soccer	Max Scholarships/School	Total Number of Programs
NCAA Division I	14	310
NCAA Division II	9.9	225
NCAA Division III	NA	424
NAIA	12	188
NJCAA	18	181





# Scholarships vs Financial Aid

## Scholarships

- Form of financial aid
- Based on merit (athletics and academics)
- Community service

## Financial Aid

- Based on your need
- Federal Aid
- Do research
- Loans





# What Your CFF Player Profile Should Look Like



First, Last Name, Jersey #

Class of 20XX

Head shot

## Student Profile

Address: 1234 Main Street, ~~MyPlace~~, WA 98000 E-mail: xxxxxxxx@email3.com  
Cell: 555-555-1234 DOB: MM/DD/YYYY  
Parents: Papa and Mama X Height: 5' 7"  
Parent's cell: 555-555-4321 Dominant Foot: Right  
Club Jersey #: 11 Position: Defender, Mid  
HS Jersey #: 11

## College Career Objective:

I am interested in pursuing a career in \_\_\_\_\_ or \_\_\_\_\_ while playing collegiate soccer (etc.)

## Academic Accomplishments

Graduation: 2016  
School: ~~Inglemoor~~ High School, Northshore JH  
ACT: 32  
SAT: Will be taken 2015  
GPA: 4.0  
Honors and Advanced Courses:  
IB 11<sup>th</sup> Grade: History, math, Spanish 400, Physics  
AP/Pre-IB/Honors 7<sup>th</sup>-10<sup>th</sup> Grade: Math, History, English

**Awards & Achievements:**  
2012-current National Honor Society  
2013 Bronze Presidential Award for Community Service  
2013 Scholar Athlete

**Leadership**  
~~Localtown~~, Jr High: WEB Leader, Associated  
Student Body Public Relations Representative

**Additional Activities/Accomplishments:**  
2012, 2013 ~~Inglemoor~~ Varsity Cross Country  
2012 All-~~KingCo~~ Honorable Mention Cross Country

**Community Service:**  
Foodbanks: Northwest Harvest, Maltby, WA  
Clean-Up Kenmore, WA Parks  
Man UP Camp, Woodinville, WA  
Cougar Soccer Camp, Bothell, WA  
Northshore School District: ~~BackPack~~ for Education, WEB  
Leader  
Coach's Assistant, Gymnastics Connection

## Athletic Profile

Sound FC - Woodinville, WA  
Team: Sound FC B/G (X age group)  
League: Regional Club League (RCL)  
Coach: So and So Phone: (555) 555-1546  
Email: [coach@soundfc.org](mailto:coach@soundfc.org) (whatever email is best)  
2009-current, US Club Soccer FWRL, WA State RCL  
Division I  
Starting Defender. Team Captain.  
2010-14 WVSYS Championship Cup  
2013 WVSYS Semi-Finalists  
2013 ~~Golden~~ Best XI Player Award (Top U15 players)  
2012 Spain ~~U14~~ Cup U14 Champions

**WA Elite Player Development (EPD/ODP)**  
Coach: So and ~~So~~ Phone: (222) 555-1234  
Email: [coach@whatever.com](mailto:coach@whatever.com)  
2010-11, 12-current Region IV ODP Championships, starting  
Defender  
Jan 2013: WA ODP G98 Finalists  
Jan 2014: WA ODP G98 Team Captain

**X High School**  
Coach: Coach so and so Phone: 555-555-6798  
Email: [coach@whatever.com](mailto:coach@whatever.com)  
2013-current ~~Inglemoor~~ HS Varsity, starter  
2013 Most Valuable New Comer  
2013 ~~KingCo~~ 4A All Team - Honorable Mention

**Track**  
~~Inglemoor~~ HS, Varsity (4A ~~KingCo~~) 100m HH (2014 state),  
300m Hurdles (2014 Regionals), 4x100m & 4x200m relay  
2013 Most Valuable New Comer  
8<sup>th</sup>/9<sup>th</sup> grade: MVP Female Player of the Season  
2012 & 2013: NJH record 100 & 200 hurdles

**Gymnastics**  
~~Inglemoor~~ HS Varsity (9<sup>th</sup>/10<sup>th</sup> grade)  
2012-13: Regional Qualifier in All-Around, State Qualifier in Bars  
2013-14: Regional Qualifier in all events, State - 11<sup>th</sup> Place Beam



# What Your CFF Team Brochure Should Look Like



**#0 • NEOMI MACMILLAN • 2021**

Goalkeeper • 5' 5" • 148 LBS • Yes  
☎ (425) 892-3601 ✉ nifemacmillan@yahoo.com

3.0 GPA  
-- SAT  
-- ACT

2019: US Soccer - Presidents Cup Nationals (4t...  
2019: US Soccer Far West Regional (3rd)  
2019: WIAA Washington State Playoffs - Top 16

**#3 • TAYLOR BYRD • 2021**

Outside Back / Outside Mid • 5' 6" • 115 LBS • No  
☎ 4254715748 ✉ birdiebird18@yahoo.com

4.0 GPA  
-- SAT  
-- ACT

2017: Track and Field 3200 meter 7th place at...  
2017: Track and Field 1600 meter 7th place at...

**#5 • ALANA GOMEZ • 2022**

Forward / Center Mid • 5' 5" • 130 LBS • No  
☎ (425) 977-5933 ✉ gomez\_antonio154@msn.com

3.8 GPA  
-- SAT  
-- ACT

**#7 • OLIVIA LEVY • 2022**

Outside Back / Outside Mid • 5' 4" • 112 LBS • No  
☎ (425) 770-4831 ✉ olevy4432@outlook.com

4.0 GPA  
-- SAT  
-- ACT

**#9 • GRACIE OLSON • 2021**

Forward / Outside Mid • 5' 8" • 152 LBS • No  
☎ (425) 381-9310 ✉ gracie.olson7@hotmail.com

3.9 GPA  
-- SAT  
-- ACT

**#2 • EMERSON GOETZE • 2021**

Center Mid / Forward • 5' 8" • 125 LBS • No  
☎ 4256864297 ✉ emmygoetze@me.com

3.9 GPA  
-- SAT  
-- ACT

**#4 • ALEXA WELCH • 2021**

Center Mid / Outside Back • 5' 6" • 155 LBS • No  
☎ (206) 200-0926 ✉ welch12@me.com

3.9 GPA  
-- SAT  
-- ACT

**#6 • MAYA KEMBEL • 2022**

Forward • 5' 6" • 135 LBS • No  
☎ 18083156636 ✉ russ.kembel@hilton.com

-- GPA  
-- SAT  
-- ACT

**#8 • ERICA SWIFT • 2021**

Outside Back / Center Back • -- -- -- -- No  
☎ -- ✉ erica.swift@outlook.com

-- GPA  
-- SAT  
-- ACT

**#10 • ABIGAIL PERRIGUE • 2021**

Center Mid / Forward • 5' 2" • 120 LBS • Yes  
☎ 4257705023 ✉ perrigue@gmail.com

4.0 GPA  
1220 SAT  
-- ACT

2019-20: PLAYER OF THE GAME (Cedar Park vs Kings...  
2018-19: All North-Sound Conference First Team (s...  
2017-18: All Cascade Conference Sportsmanship Tea...

**#11 • PATRICIA CHO • 2021**

-- -- -- -- -- No  
☎ -- ✉ --

4.0 GPA  
-- SAT  
-- ACT

**#13 • HEATHER OLSON • 2021**

-- -- -- -- -- No  
☎ (425) 420-8644 ✉ icecream73@hotmail.com

3.9 GPA  
-- SAT  
-- ACT

**#15 • MADISON (MAC) • 2021**

Forward / Center Mid • 5' 6" • 140 LBS • Yes  
☎ 425-791-9809 ✉ macminnick4@gmail.com

3.6 GPA  
-- SAT  
-- ACT

2019: PLAYER OF THE GAME (Cedar Park vs Mt. Ve...  
2019: PLAYER OF THE GAME (Cedar Park vs Coupev...  
2019: Led Cascade Conference in goals; second...

**#17 • LILLIAN MARSHALL • 2021**

-- -- -- -- -- No  
☎ (206) 920-2747 ✉ lilbymarshall@outlook.com

3.8 GPA  
-- SAT  
-- ACT

**#12 • PHOEBE HALL • 2021**

Center Mid / Outside Mid • 5' 8" • 150 LBS • No  
☎ (425) 305-0455 ✉ phoebeleann2@gmail.com

3.9 GPA  
-- SAT  
-- ACT

2016: Timbercrest Junior High Girls' Soccer DL...  
2018: WSHJA October Classic Reserve Champion E...  
2017: Woodinville High School Varsity player...

**#14 • ELLA CLEMENS • 2021**

Center Back / Center Mid • 5' 9" • 150 LBS • No  
☎ 2062970038 ✉ ellaclemens1@gmail.com

3.7 GPA  
-- SAT  
-- ACT

**#16 • SIERRA FISHER • 2022**

Center Mid • 5' 8" • 130 LBS • No  
☎ (206) 673-7396 ✉ sierrafisher@gmail.com

4.0 GPA  
-- SAT  
-- ACT

**#18 • ANNIKA DANIEL • 2021**

Center Mid / Forward • 5' 4" • 130 LBS • No  
☎ (425) 273-3026 ✉ annikadaniel@seattleacademy.org

3.6 GPA  
-- SAT  
-- ACT

 Director of Soccer: Jason Farrell  
Jason.Farrell@gssurfs.org

 College Coordinator: David Mugambira  
dmugambira@soundfc.org • 781-308-3970

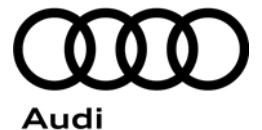




## Using a Highlight Video



- Have your video edited well!
- Send video link to coaches in your first initial communication with the coach
- Video should be about 3-6 minutes long
- Have highlights of your position that you play
- Have your video link on the College Fit Finder program





## ID Camps and Showcases



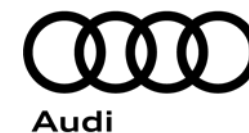
- ID Camps: getting invited; make sure coaches of schools you want to attend are there; cost;
- College Showcase Events/Tournaments: team specific; guest player opportunities;
- Following Up!





## Future College Advisory Program Events

- College Fit Finder Night: Likely early to mid-January.
- Coaches Panel: Early spring.
- Grade-Specific TO DO Night: Late Spring.







## SFC College Advisory Program



# Thank you for attending!!

Jason Farrell

Director of Soccer

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David Mugambira

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[dmugambira@soundfc.org](mailto:dmugambira@soundfc.org)

Eugene Poublon

Technical Director

[epoublon@soundfc.org](mailto:epoublon@soundfc.org)

Geoff Raives

CFF Director

[geoff@collegefitfinder.com](mailto:geoff@collegefitfinder.com)

